







November 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Plate Price K-4 \$3.85 Plate Price 5-12 \$4.35 <i>*SS = side</i> special Fruit & Veggie with P.S. Available Daily <ul style="list-style-type: none"> • Juice • Milk • Silk • Bottled Water • Yogurt • Bagel w/ cream cheese • Cereal & Milk • PBJ sandwich \$2.10 • Muffin \$1.60 • Small Salad \$1.25 • Large Salad 2.25 • Fresh/canned Fruit \$.80 • Vegetables \$.80 • Snacks \$1.20
30 French Toast Scrambled Eggs Hashbrown Fruit	31 Haystacks Fruit S.S. Guacamole	1 Pizza Small Salad Fruit	2 Skallops Mashed Potatoes Green Beans Fruit	3 Grilled Cheese Tomato Soup Fruit Small Salad	
6 Quesadilla Sour Cream & Salsa Spanish Rice Corn Fruit	7 Sub Sandwich Nachos Fruit  November Birthdays	8 Popeye Spaghetti Breadstick Fruit Carrots	9 "Fish" N' Chips Fishless Filet French Fries Mixed Veggies Fruit	10 Hot Dog Baked Beans Fruit Small Salad	
13 Mac & Cheese Peas Fruit Roll	14 Pigs in a Blanket Cheese Tots or S.W. Peppers Fruit	15 Egg N' Cheese Bagel Sausage Patty Fruit Hashbrown	16 Special K. Roast Mashed Potatoes Carrots Fruit S.S. Roll	17 Chik Nuggets Smiley Fries Mixed Veggies Fruit	
20 	21 	22 	23 	24 	
27 Breakfast Burritos Small Salad Fruit	28 Broccoli Cheese & Rice Cass. Fruit Mixed Veggies Roll	29 Pasta Bar Breadstick Peas Fruit	30 Haystacks Fruit S.S. Guacamole	1 Prime Steak Herb Roasted Potato Green Beans Fruit	

S.V.A. CAFETERIA LUNCH MENU