


September 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Plate Price K-4 \$4.35 Plate Price 5-12 \$4.85 <i>*SS = side</i> special Fruit & Veggie with P.S. Available Daily <ul style="list-style-type: none"> • Juice • Milk • Silk • Bottled Water • Yogurt • Bagel w/ cream cheese • Cereal & Milk • PBJ sandwich \$2.10 • Small Salad \$1.25 • Large Salad 2.25 • Fresh/canned Fruit \$.80 • Vegetables \$.80 • Snacks \$1.20
No School 	4 5 Quesadilla Sour Cream & Salsa Corn Fruit	6 Egg N' Cheese Bagel Sausage Patty Fruit Hashbrown	7 Popeye Spaghetti Breadstick Fruit Peas S.S. Cheese Breadstick	8 Chik Nuggets Smiley Fries Carrots Fruit	
11 Pizza Small Salad Fruit	12 Breakfast Burritos Small Salad or Fruit	13 Broccoli Cheese & Rice Cass. Peas Fruit Roll Sept. Birthdays 	14 Haystacks Fruit S.S. Guacamole	15 Prime Steak Herb-Roasted Potatoes Carrots Fruit	
18 Spaghetti & 'Meat'balls Breadstick Green Beans Fruit S.S. Cheese Breadstick	19 Chick N a la King Broccoli Fruit Biscuit	20 Enchilada Casserole Spanish Rice Broccoli Fruit	21 "Fish" N' Chips Fishless Filet French Fries Mixed Veggies Fruit	22 Grilled Cheese Tomato Soup Fruit or Small Salad	
25 Mac & Cheese Peas Fruit Roll	26 Potato Taco Sour Cream & Salsa Small Salad Fruit	27 French Toast Scrambled Eggs Hashbrown Fruit	28 Pasta Bar Garlic Bread Green Beans Fruit	29 Hot Dog Baked Beans Fruit Small Salad	

S.V.A. CAFETERIA LUNCH MENU